

BONK!

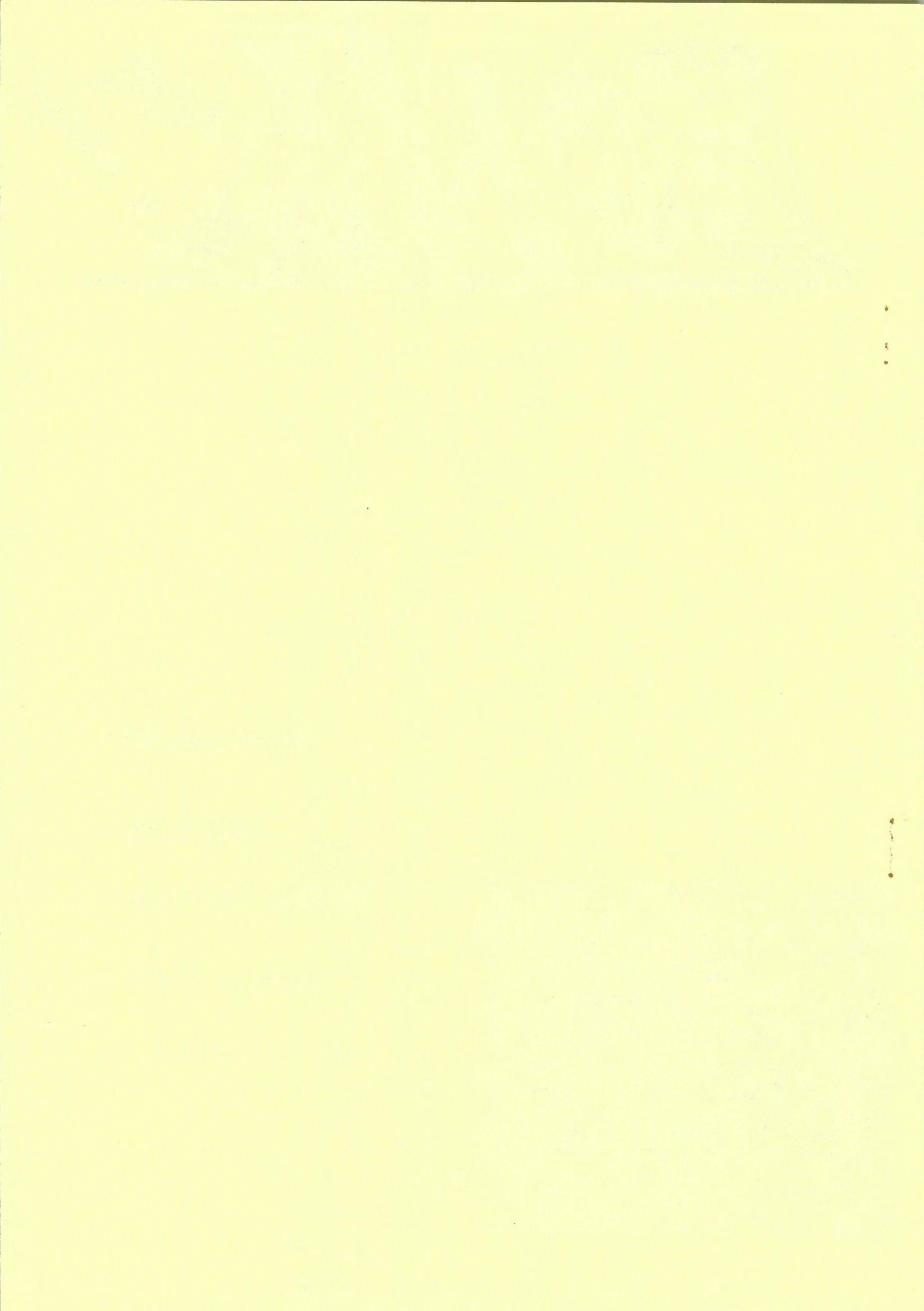
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EAST SUSSEX CYCLING ASSOCIATION

President Mike Hayler

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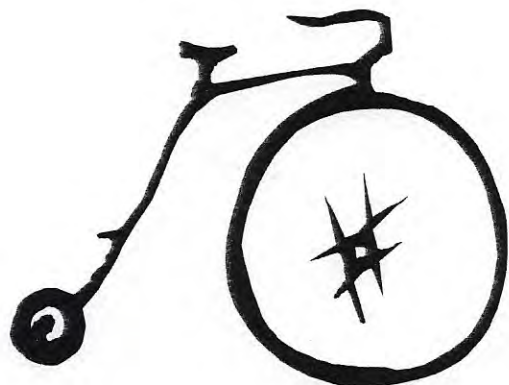
EDITORIAL

Once again we find ourselves apologising for the late arrival of this edition of Bonk and hope that you will continue to send contributions for the next issue which we intend to produce in April. Material should reach us by March 23rd, please.

Having been told on good authority that Mike Hayler, Brighton Mitre, is our new President we should be able to look forward to a good year for the Association.

It is too late for seasonal greetings but as usual we hope that all our readers will enjoy good weather, fast times and plenty of fun in the forthcoming months.

Maurice & Esther



OBITUARY - MATTHEW RABBETTS

Cyclists in East Sussex and beyond were stunned to hear of the untimely death of Matthew Rabbetts last November at the age of 36. Matthew, the son of Michael & Megan Rabbetts joined the Lewes Wanderers in the winter of 1979/80 and rode his first time trial on July 14th, 1980 on the old Lewes-Piddinghoe course where he recorded a time of 30m 15s. However, although a novice time triallist, Matthew had gained a great deal of cycling experience by this stage, having already completed a solo ride from Lands End to John O'Groats. This ride was a pointer to the future as he was really to make his mark at long distance events, among other achievements scoring five wins in the Sussex C.A. 12 Hour holding the county record with 259 miles. He also recorded a number of good rides at 100 miles, including one sub four hour ride. At the shorter distances he got inside the hour for 25 miles and beat 2 hours for 50 miles. He also broke E.S.C.A. place to place records.

Rides across America, visits to Canada, Australia, New Zealand and China followed in his early thirties. Whilst a student at Loughborough University, where he gained a first class honours degree, he attended a ceilidh in Nottingham where he met Sara, his wife. They were married in December 1999 and spent an extended honeymoon in South America. In July 2001 their daughter Isabelle arrived to make it a three up.

Matthew was not just a rider, he served on committees and was always ready to help with club events and at one time served on the London South D.C. committee. Readers of this magazine were entertained for many years by his touring articles and club notes (written under a pseudonym); he was also a witty after dinner speaker.

We will remember Matthew with great affection and our deepest sympathy goes to Michael, Megan, Sarah and Isabelle in their tragic loss.

CENTRAL SUSSEX C.C.

This message is brought to you by the cutting edge of technology, even if it is now getting rather blunt.

The last published edition of BONK arrived recently and now is another deadline Oh dear!

The months seemed to have flown by since I sat here trying to remember what had happened in our part of Sussex – well things that might be of interest or pertinent to other ESCAbods.

The racing scene was weak in 2001 with only the Awcock brothers and Les Ross racing regularly. Steve Flowers made a good start to the season but then faded from sight. Alan Robinson's 'problems' restricted his cycling after a few club 10s but Geoff Ericson made a good but belated start to the season. Martin Perryman, his son Mark and Mark's girlfriend Paula Coutts rode some of the local 10s, Mark is going quite nicely.

The President started with great enthusiasm but a hill on the Farnham 25 course caused some problems and he had a spell in hospital for a 'stitch up'. Racing came to an end but he's been riding his bike gently to keep himself fit for this year.

We ran our Surrey league event around the Wivelsfield, Plumpton, Chailey circuit in May on a nice evening, enjoyed the racing and finished up in the Half Moon all without problems. The Goodwood evening was in August where, sadly, Kevin Burton of the Eastbourne Rovers and another, suffered injuries in a fall after a sprint for the finishing line. Both needed hospital treatment with Kevin breaking his collar bone. Happily he seemed to recover well.

Whilst with the crocks, John Dutson recently had an operation on the foot that he damaged in the car accident over a year ago but is looking forward to roaring up and down the Cuckoo Trail when he gets the plaster off.

Foot and mouth caused some problems with our Club 10s last year, for the first three the car park was closed and there was a distinct lack of entries. This caused the programme to be abandoned for the year. The course has become unpopular due to the increase in traffic. The speed of cars and motor cycles that use the road from Balcombe and Hand Cross, through a dark and twisty section of the course, made the decision inevitable. This year we are changing to what, I suppose, most people think of as the Sussex Nomads course, i.e. G10/99 - the Wineham/Cowfold circuit.

We are again running our Open 25 - the Ron Ewart Memorial Event - in 2002, Sunday, February 10th, same course G25/93 and same HQ. Entries to Ken Atkins around mid-January, well 29th at the latest.

That's all for now. Best wishes for the forthcoming racing season.

Hørself

SUSSEX NOMADS

The word *Millennium* seems to have disappeared from everyday use now except where one speaks of this millennium bridge or that millennium building.

But we can now speak of the NEW vibrant SUSSEX NOMADS resplendent in their new attire albeit in the established green and yellow colours that the Nomads have used at least since 1930 when our president, Vernon Hyde, joined the Prestonville Nomads.

The modern style as befitting the new millennium (there's that word again), is a far cry from the design some of us remember from the 1950s, i.e. two yellow strips around the chest on a green jersey (I still have one) or an inverted triangle around the neck.

Thanks are due to Adrian Morris and a small committee for their work which has resulted in orders for over £2000 being placed, not bad for a small club of approximately twenty active members.

The club had a good year in 2001 with members competing in all types of competitions with some good results. Martin Penfold rode the National Track Championships at Manchester, and the Worlds' Masters series, also at Manchester. At Preston Park track we saw Nomads performing most weeks. Geoff and Nicki Boore rode over and it was pleasing to see Martin Penfold win the Senior League Championship. Adam Gent, our under 12 rider, finished 6th in his category. He also rode the series at Hove Park and finished 2nd in his age classification (according to the Argus). We also seemed stronger as a club, with club events and club runs being well attended.

There was also a good attendance at the A.G.M., with about half the membership present; no surprises were forthcoming as all the officers were re-elected, but we agreed to present a Roadman's Trophy in future.

The Xmas 10 went well and we just missed the cold and frosty weather. Eleven members actually competed and twenty or so others came out for coffee and mince pies and everyone enjoyed the last event of the year. We have to thank Dorothy & Alan Cragg for the hot drinks and Granpa Geoff for the mince pies and Claire Pitt for the timekeeping.

The club dinner is to be held on FEBRUARY 1st and for the second year is at the Preston Park Hotel. If you are lucky enough to get a ticket for this, the top dinner in the south, it will cost a mere £16. For further details contact Geoff Boore or just send a cheque (payable to the Sussex Nomads) to said lad NOW.

A full programme of events is planned for 2002, starting with the '5' on February 24th, followed by a reliability trial on March 17th. And, of course, a series of 10 mile events at Wineham on Friday evenings and one '25'.

Well, I think that's about it for now. Happy New Year to all of you from all of us. Stay safe and healthy. See you up the road.

M. Alain

RAID PYRENEEN September 1st to 9th 2001-10-09

Mike and I sold our cycle shop last year and we promised ourselves we'd do a "Sporting Tours" trip. We chose the raid Pyrenee - we thought it would be a once in a lifetime ride but we enjoyed it so much that we intend doing it all over again. The scenery was spectacular. It's well worth taking time out of racing to experience the more enjoyable side of our sport.

September is a good time to go. The weather is at it's best and you will have done a summer of miles, racing or audax riding - you need to have a good fitness level to do this randonnee, it's a fairly grovelling course and a lack of fitness could lead to colds and other injuries. Having said that, a few from our group of forty four cyclists had very few miles in their legs - they suffered but still completed the ride.

The Raid Pyrenee is a randonnee covering the full height of the mountains, from Hendaye in the west to Cerbere in the east, a total of 720km with 18 cols (11,000 metres of climbing). Each rider is issued with a brevet card to get stamped at various towns on the set route. The idea is to get from west to east in one hundred hours. With Sporting Tours we were well looked after; each hotel was booked on a half board basis and the bus was always on route stopping at pre-determined cols so that we could reload our food and water supplies. Four and a half days over mountains is not as difficult as you may think, the roads are well engineered so you only need a low gear of 30 x 22. Just sit back, twiddle and enjoy the views. Actual time in the saddle is just under forty hours.

We were in a group of very mixed abilities, so small bunches naturally formed during the days. Some rode alone, a lot stayed in 'clubrun' type bunches and had regular café stops. My target was to ride steady all day and be first in the hotel, beating the Irish lads on the way - much to their dislike. The evenings were spent eating, drinking and laughing. We created a really nice, friendly atmosphere. It was great.

In France the shops close odd hours and you can't rely on a garage stocking energy bars, etc. The answer is to take your own in a barbag each day or leave it on the bus so you don't carry it over the first few cols each day. Another tip is to carry extra clothing for the descents as you can freeze in no time. We always had macs, gloves, hats and extra lycra tops; it's always worth stopping on top of a hill so you can dress up for the descent. One man who was part of an independent group didn't take these precautions and was airlifted to hospital with serious injuries - all because he got too cold to operate the levers.

Day one was the easiest and longest with 109 miles via Ascain, Esplette and Tardets, everyone rode within themselves, saving a bit for the tough mountain passes to come.

Day two was 98 miles over cols including the Aubisque, Souler and Tourmalet which was covered in cloud.

Day three had a cruel start, straight up the Col d'Aspin after breakfast followed by the Peyresord, then three more climbs before the hotel at Massat. 104 miles in awesome scenery and beautiful weather.

Day four was a struggle for most with real long climbs, including the Puymorens then a very exposed headwind leg. It became a real grovel which eventually went downhill to Prades.

The last day was flat and we had a chuff wind so 59 miles was covered in three hours. Mission accomplished, it was worth every penny. After a few hours on the beach we re-assembled for a sleepy bus trip home.

Marina Bloom

SOUTHBOROUGH WHEELERS

The absence of any Bonk notes in the last issue does not signify the demise of the Southborough Wheelers, although perhaps the lack of racing success in the 2001 season might lead some people to think we'd disappeared. Indeed the number of members has been maintained and club events during the year attracted some fifteen to twenty members per event. Even the hillclimb on Kidds Hill saw ten competitors - a considerable increase on previous years. This event provided some unusual excitement for the spectators when a very slow moving army convoy chose to lumber up the hill at exactly the same time as the riders. Winner Andrew Parker was obliged to pass a lorry on the steepest bit as it geared down in an attempt to pass Pete Holland on his trike.

The bulk of the season saw little activity in open events by club members. A number entered road races with few going the distance. Neil Wheelan got the best results with a highest of 2nd place. He also provided the fastest 25 with 56.30 and 50 (his first) of 2.9.46. Over the shorter distances he battled with Colin Nightingale all year but Colin kept the fastest 10. Newcomer to the club, Chris Cowlard (ex S.F.A.) dominated the longer distances and the B.A.R. His 100 (4.33.58) and 12 hour (230.7) were the best this year - but only just! Peter Rowe is a family man and businessman who has chosen cycling to get some exercise and started racing in 2001. More interested in the longer distances he rode a 50 before he'd ridden a 25. His opening 2.29.17 was followed by a 2.36.06. It therefore came as a complete surprise when he produced 4.36.08 in the Kent 100 followed by 4.35.39 in the ESCA. Spurred on by this he rode the Sussex 12 hour and completed 228.8! We could do with a few more beginners of this sort. Four other club members rode the Kent 12 hour which this year incorporated the VTTA Championship. Our reward was the Vets team prize won by Les Hayman, Chris Cowlard and Pete Holland. Mind you, there were only two vets teams to finish. Les surprised us with a lifetime best 25 of 1.1.51 when he caught a float day on the F1.

Our club open promotion on Brands Hatch was well supported despite torrential rain for most of the evening. The under 12s were most fun to watch and Martin Derham's two daughters, Catherine and Sabrina competed in this with a dozen others. The under 16 race caught the worst of the weather and over half the field packed as the track became flooded. Jamie Low finished 5th in his first attempt at bunch racing and has continued to ride well in time trials during the rest of the season. About sixty riders competed in the main event despite the rain with G. Bridges the winner. We are indebted to David Watson for his work in organising the evening, not only as promotor but for arranging for the use of the track by negotiating with Sevenoaks District Council and the Brands Hatch authorities.

With the Tour de France so close year several members crossed the Channel to watch. Other visits to the continent year included Geoff Abraham to ride a randonnee, the Watsons, Chris Howard and Neil Whelan to ride the Duo Normande and Pete Crofts to Portugal.

Terry Collins is recovering from a broken leg sustained in a tragic accident when his brother, Mike, died following a crash when he hit a pothole. A salutary lesson for us all to be vigilant all the time we're on a bike.

ROAMER

WORTHING EXCELSIOR AUDAX EVENTS 2002

Sunday 10 th March	200K	Worthing	07.30
Sunday 7 th April	300K	Steyning	03.00
Saturday 4 th May (Bank Holiday weekend)	400K	Steyning	18.00
Saturday 25 th May	600K	Midhurst	03.00
Saturday 27 th July (Just think of it as a long weekend in Wales)	1000K	Midhurst	10.00

Dave Hudson (El Supremo), 151 Middle Road, Shoreham by Sea, Sussex BN43 6LG

LEWES WANDERERS' RELIABILITY TRIALS

(around the lanes of East Sussex)

JANUARY 27th 2002

Start and finish at Chailey Parish Hall, South Chailey (on A275, north of Lewes)

H.Q. open from 8.00 a.m.

Entry fee - £3.00 on day or £2.50 in advance

100km

in 5 hrs starts at 8.30 a.m. : in 4hrs 30mins starts at 9.00 a.m. : in 4hrs starts at 9.30 a.m.

50km

in 2hrs 15mins starts at 10.00 a.m. : in 2hrs starts at 10.15 a.m.

Organiser: Graham Jeffs, 90 Southbridge Rise, Crowborough TN6 1LJ

☎ 01892 664898 email grahamjeffs@hotmail.com

BRIGHTON EXCELSIOR

Well, as the memories of one racing season fade and the social season draws to a close, we can look forward to a new year and new challenges. Before the new racing season starts however, we have our **ANNUAL DINNER & PRIZE PRESENTATION AT THE DUDLEY HOTEL, HOVE. On FEBRUARY 16th**. Not to be missed! Contact Dick Jones on ☎01273 770047 for more information.

It seems a long time ago when we held our club annual picnic after our open 25. This was at the Elephant & Castle at West Chiltington and luckily it was a beautiful day and afternoon, the picnic commencing in the afternoon. The landlord at the pub is very welcoming (and the beer is good!) and he allowed us to use the barbeque at the top of the garden. Everyone thoroughly enjoyed the occasion and some old acquaintances were renewed, with Frank Godwin down from Wales and Adrian Loska and family joining us. We were also 'honoured' with the company of "Argus" cycling correspondent Brian Hutton and his wife. The R.T.T.C's. very own Chris Watts graced us with her presence, and altogether more than thirty five members, ex-members and friends turned up. We ran this as a 'bring your own' for the actual barbeque and we supplied french bread, various salads and coleslaw and it seemed to work really well. Thanks to all who came and please join us again this year.

Circuit training started on October 31st at club headquarters and Roy Pass, our club coach, arranged a varied programme. Turbo training was also part of the programme and Mike Murray is on hand to provide massage.

During the social season we have spent every Wednesday at the Adur Outdoor Activities Centre, Shoreham (south side of Norfolk Bridge, from 8.00 p.m. to 10.00 p.m).

It was great sadness that we heard the news of Matthew Rabbetts' sudden passing. Our club knew Matthew well, enjoyed his comradeship, and respected him for his contribution to cycling. We send our deepest sympathy to his family and club.

Take care and all best wishes for 2002. That's all for now, see you at the luncheon (or up the road).

Excelsiorian

**BRIGHTON EXCELSIOR C.C. 12 HOUR TURBO MARATHON
ADUR OUTDOOR CENTRE
26th JANUARY 2002 Start 9.00 a.m.**

Brighton Excelsior is holding a sponsored 12 hour turbo marathon on 26th January and if any of you are thinking of having a Saturday clubrun, or if you just happen to be around in the Shoreham area, we will be happy to see you during the day, maybe for elevenses as there will be a tea bar open for the entire event. You will be most welcome and we hope to see many of our friends.

THE CHAINWHEEL CREEK TROPHY

This trophy was a feature of ESCA competition in the 'seventies - competition, not between the top riders but between those at the bottom. The award originated in a mythical duel between Dennis Neeves and Geoff Willcocks in events on the Marshes. It later took shape (chainwheel and all) as a competition for a trophy which the unfit could set their bleary eyes upon. With the retirement of the Neeves/Willcocks generation, it fell into disuse. In 1994 it was competed for over a five-mile circuit and was won by Ernie Spray of Hastings and St. Leonards CC. After another gap of seven years, a rider from the Hastings club has won it again, for his performance in the ESCA 10 of September 15th.

Congratulations to

GREG BLACKWELL

who didn't meet *all* the necessary qualifications (slowest, ugliest, worst dressed/unfit) but impressed the adjudicator with his all-black costume, which accorded with RTTC Regulations of ESCA's early years, even down to the socks.

The Chainwheel Creek Trophy will be up for competition next year, too. Start your no-training programme now!

E.S.C.A. RELIABILITY RIDES 11th November 2001

Successful competitors:

Southborough & District Wheelers:- (5)

Neil McCoubrie, P. Rowe, J. Latty, Nick Whitney – 3h 30m C. Cowlard – 4hrs

Eastbourne Rovers:- (4)

D. Dunbar, R. Thomas, R. Norman, D. Frederick – 4hrs

In Gear RT:- (4)

D. Pollard, S. Elms, S. Faulkner, P. Roberts – 3hrs

Lewes Wanderers:- (3)

T. Gale, P. Gibbons, C. Homan – 4hrs

My thanks to the three Ms - Messrs. Burgess, Hayler and Kilby, who with Doug Finch covered the organisation.

COMMENT:

The advantage of the three start locations enabled many to ride out to them and reduced the parking considerably. It also meant that in any one area of the route there were only about forty riders instead of one hundred and twenty.

The actual circuit was fifty five miles plus the distance to and from the Heathfield check and time bands of 3hrs 30m, 4hrs and 4hrs 30m would have suited more riders.

The date selected (in April) to avoid my club's other commitments, with hindsight should have avoided Remembrance Sunday.

Finally, my thanks to those who started but missed their deadlines. Their graphic descriptions of the course can be summed up "as good rolling Sussex" or words to that effect!!

Warwick Dunford

Lewes Wanderers

Hero worship can be overdone. Bernard Hinault and Eddie Merckx were among the hundreds of riders and spectators at this year's GP des Nations when their attention was drawn to a British competitor in the amateur veterans event. It is said that they immediately strode over to shake him by the hand. This is why Horry Hemsley's right hand has not seen soap or water from that day to this.

Horry was in France with Peter Baker for a weekend's racing. They acquitted themselves well in the GP on the Saturday, and were doing even better as a team in the next day's Duo Normand, until the last 11 kilometres. Horry had been doing his nut trying to hold on to Pete's wheel; but after he'd made a supreme effort to take a turn on the front, he looked round to find that Pete had disappeared. Pete eventually caught up, but his legs had turned to jelly and was paced to the finish at less than evens. In the circumstances, a time of 1-29-45 for the 54.3kms. can't be bad: they were 12th of the 32 vets' teams.

Horry's discovery of better form this year has given him our senior BAR championship. The outcome might have been different had Pete Baker not been still bearing the mental scars of last year's ordeal in the SCA 12; as it was, he didn't ride a qualifying 12-hour event this season. Horry's support team who helped him round his 212 miles in August were amazed at his performance. That's nothing to do with his racing ability: it was just that he was so eerily polite to them - his lips even twitched in an apparent smile from time to time. He did shout in the old familiar way occasionally, but as they couldn't understand what he was on about, they weren't offended.

But that's enough on the old folk. We have an encouraging number of younger riders. Andy Ruck, for instance, who is so tall, he looks down on his Dad. He has won a couple of junior awards in ESCA events and rode well in our evening tens. Jim and Benjie Cheek are a bit older, and have the advantage of being brothers: their anxiety to score points off each other gives an edge to the competition between them. Jim seemed to have the upper hand until the final event of the club-event season, when Ben took more than a minute out of his brother over the 18 miles of our Chailey Circuit.

This event attracted an entry of 27 riders. They included two women (Anne Locke and Karen Savage) and there would have been three if Janet Homewood hadn't been too busy organising the event to ride in it. (There were also five women in the kitchen, two marshalling and one timekeeping: that's why there's rarely any lewd or coarse language used in Wanderers circles.) Janet made a successful comeback to track racing at Preston Park. She and Bob Comben shook off the attentions of a rotund rider from a Nomadic East Sussex tribe who tried to cosy up to them in a handicap event and finished second and first respectively. In a later handicap race, Janet won both her heat and the final.

Our social season will be starting with a bang. One of our members, Mark Norman, and his wife Caroline have extended their annual November bonfire party to include all Lewes Wanderers and their families. Mark runs the Hike and Bike outdoor clothing and accessories shop in Alfriston: if you haven't yet visited No.1 North Street, you are missing something good. (End of plug.) We are also organising a CYCLING JUMBLE SALE, open to all comers, at Chailey Village Hall on November 17th. Details from Mick Burgess (01892 661754).

Talking of things past their best: a prominent ESCA official, unable to cope with the pressures of modern life (phone calls, committee meetings, gardening) has taken to living for most of the week in a caravan on a Sussex beach. This is all very well, but when he forgets to take with him the medication which is keeping him going, he has to ride about 30 miles home to retrieve it. Then there's the worry of keeping his wife ignorant of his forgetfulness. It really is a hard life.

Rotrax

LEWES WANDERERS

By the time these notes are printed the 2001 racing season will be a distant memory, where did the time go and what happened. Blowed if I can remember. Oh, yes, the oft maligned Lewes Crits were run at Laughton for the 35th year. Full fields and no problems, what more could anyone ask for? Yet again Sandra Hill and her team did a good job. Thanks to Graham Lade and family for the judging, no easy task on such a flat course.

We also increased our number of competitors at Preston Park. I think Janet Homewood was our first lady rider in senior events. Well done to all our riders who helped to keep the Park going. Why don't people ride the track? Too busy chasing p.bs. in private time trials rather than trying to attract newcomers to the sport of cycling. It couldn't be lack of bottle - surely not! While on the subject of the track I hear that a certain overweight, verbose and wingeing Nomad rode there (don't knock him, he probably gave up the chance of a p.b. somewhere else! ed.). The new city of Brighton & Hove are now trying to find enough cash for the subsequent re-surfacing! I did hear a rumour that the gent in question was to be hired out as a consultant and spokesperson for the various travellers who keep getting moved on. Still, we would miss him at London South A.G.M.. Wouldn't we?

The club time trial programme went off well last year. The evening 10 series saw a very welcome increase in numbers with plenty of "friendly" rivalry. Mark Winton took the scratch award. In the handicap section the Reg Eldridge Rose Bowl went to Janet Homewood by a clear margin over John Galsworthy who was in 2nd place and Andy Ruck filled 3rd place. Taking prizes at the Club Lunch will be Chris Martin (24m 43s) who won the Lewes/Newhaven/Lewes from Darren Ridding (25m.00s) and Mark Winton (25m.19s), and junior Andy Ruck who will receive the handicap award. Chris is also the '25' and '30' mile Champion with Colin 2nd in the '25' and Darren pushed back to 3rd. Mark Winton took the prize for the pleasant ramble known as the Circuit of Danehill from Pete Baker and Chris "I can't ride hills" Martin was 3rd. Peter Baker got his act together to take the Circuit of Earwig from Chris (mention of that event reminds that Ian "Sun God" Landless made a rare appearance on Sussex roads. Pete also took the club 50 & 100 Championships run in conjunction with the E.S.C.A. events.

The Etape du Tour, that last year went over the Col du Tourmalet, saw three club riders complete the stage. The brothers Cheek, James in something like 6¹/₂ hours and Benjamin in around 6³/₄ hours to be placed 737th and 806th respectively, and Horry Hemsley, older than both of them put together plus some, took a lot longer to finish 4,785th. The Etape obviously did Horry good, witness his 212 miles in the S.C.A. 12 hour. The rumour the racing retirement plans may be put on hold for yet another year.

The randonnee we held in the summer was a let down for Graham Jeffs with only a few takers so we've dropped it for 2002 - pity because it was a good course but I guess it was too much for today's short distance riders.

The Route des Archers saw our lads in action for a really entertaining weekend. On the sportive theme, Pete Baker also rode the Claude Criqulon in the Ardennes and finished wet, tired but happy to have made it. Still on overseas matters, Pete and Horry rode the G.P. des Nations time trial. This one lap for wannebees which preceded the main event was won by Jean Voigt. The next day they rode the Duo Normand and enjoyed both.

A camping weekend and various trips on touring bikes have also occupied the club. The most important piece of news is that the Wilcocks 'Allegro' has gone to the big scrapyards in the sky - watch out for the new rovermobile.

Burke & Hare

DIARY DATES 2002

Saturday January 26th
Fellowship of 1066 Longmarkers Dinner
Yelton Hotel, Hastings
Cost £11.50 Esther ☎ 01424 751581

Sunday February 3rd
Surrey/Sussex Lunch
Normandie Centre, Horsham
Cost £15 Jack Harris ☎ 01293 411756

Saturday February 20th
Lewes Wanderers Dinner
White Hart Hotel, Lewes
Mick Burgess ☎ 01892 661754

E.S.C.A. Time Trial Programme

Sunday 3 rd March	Hardriders	15.8 miles	Rushlake Green
Sunday 7 th April	2 up T.T.T.	20 miles	Laughton *
Saturday 20 th April	10 miles		East Hoathly
Sunday 21 st April	25 miles		Fairwarp
Sunday 16 th June	50 miles		Fairwarp
Sunday 14 th July	100 miles		Upper Dicker
Saturday 14 th September	10 miles		East Hoathly
Sunday 15 th September	25 miles		Fairwarp

* N.B. Change of course from last year.

Complete details in R.T.T.C. Handbook (on sale NOW) and next edition of BONK.

EAST SUSSEX CYCLING ASSOCIATION
B.A.R. RESULTS - 2001

SENIOR B.A.R. (25, 50 & 100 Miles)

						<u>Av.mph</u>
1	BOYD JOHNSON	Eastbourne Rovers	58-37	2-06-28	4-22-05	24.068
2	ANDREW GREEN	Brighton Mitre	59-35	2-09-44	4-22-21	23.723
3	PETER BAKER	Lewes Wanderers	1-03-31	2-06-51	4-41-35	22.858
4	HARRY FEATHERSTONE	Eastbourne Rovers	1-02-04	2-13-30	4-36-27	22.781
5	PETER THORP-HINCKS	Worthing Excelsior	1-04-07	2-05-22	4-47-48	22.724
6	PETER MOON	Eastbourne Rovers	1-07-14	2-13-02	4-41-18	22.064
7	CHRIS COWLARD	Southborough Wheelers	1-05-48	2-15-43	4-42-34	22.045
8	DON LOCK	Worthing Excelsior	1-04-36	2-19-39	4-44-38	21.927
9	ANDY RAZZELL	Lewes Wanderers	1-07-56	2-19-34	4-46-40	21.502
10	TIM MILES	Hastings & St. Leonards	1-12-55	2-19-44	4-56-51	20.751
11	LES HAYMAN	Southborough Wheelers	1-09-15	2-29-08	4-57-54	20.639
12	MARTIN YARDLEY	Southborough Wheelers	1-11-20	2-30-28	5-26-40	19.778
13	HORRY HEMSLEY	Lewes Wanderers	1-10-34	2-38-11	5-31-33	19.439
14	CHRIS PARKER	Hastings & St. Leonards	1-11-55	2-32-40	5-38-51	19.405
15	JANE BOULTON	East Grinstead Tri Club	1-15-58	2-37-25	5-23-15	19.122

TEAMS:	1	EASTBOURNE ROVERS	B.Johnson, H.Featherstone, P.Moon	22.971
	2	Lewes Wanderers	P.Baker, A.Razzell, H.Hemsley	21.266
	3	Southborough Wheelers	C.Cowlard, L.Hayman, M.Yardley	20.820

VETERANS B.A.R. (25, 50 & 100 Miles)

						<u>+ mph</u>
1	HARRY FEATHERSTONE	Eastbourne Rovers	1-02-04	2-13-30	4-36-27	5.181
2	DON LOCK	Worthing Excelsior	1-04-36	2-19-39	4-44-38	3.887
3	LES HAYMAN	Southborough Wheelers	1-09-15	2-29-08	4-57-54	3.039
4	BOYD JOHNSON	Eastbourne Rovers	58-37	2-06-28	4-22-05	2.392
5	PETER BAKER	Lewes Wanderers	1-03-31	2-06-51	4-41-35	1.664
6	HORRY HEMSLEY	Lewes Wanderers	1-10-34	2-38-11	5-31-33	1.663
7	CHRIS COWLARD	Southborough Wheelers	1-05-48	2-15-43	4-42-34	1.421
8	TIM MILES	Hastings & St. Leonards	1-12-55	2-19-44	4-56-51	1.270
9	PETER MOON	Eastbourne Rovers	1-07-14	2-13-02	4-41-18	0.388
10	JANE BOULTON	East Grinstead Tri Club	1-15-58	2-37-25	5-23-15	-0.552
11	CHRIS PARKER	Hastings & St. Leonards	1-11-55	2-32-40	5-38-51	-1.421

TEAM:	1	EASTBOURNE ROVERS	H.Featherstone, B.Johnson, P.Moon	7.961
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LADIES B.A.R. (10, 25 & 50 Miles)

						<u>Av.mph</u>
1	JANE BOULTON	East Grinstead Tri Club	28-18	1-15-58	2-37-25	20.002

JUNIOR B.A.R. (1 x 10; 1 x 25)

						<u>Av.mph</u>
1	TIM WINKLEY	East Grinstead CC	26-13	1-12-32		21.783
2	ANDY RUCK	Lewes Wanderers	27-23	1-11-21		21.467

EAST SUSSEX CYCLING ASSOCIATION
2001 POINTS COMPETITION RESULT

INDIVIDUAL

1	BOYD JOHNSON	Eastbourne Rovers CC	105
2	HARRY FEATHERSTONE	Eastbourne Rovers CC	63
3	ANDREW GREEN	Brighton Mitre CC	62
4	STEVE DENNIS	East Grinstead CC	59
5	JAMES DEAR	Eastbourne Rovers CC	55
6	CHRIS MARTIN	Lewes Wanderers CC	50
7	PETER TADROS	VC Bayeux	40
8	COLIN JONES	Eastbourne Rovers CC	39
9 =	TRISTAN COURT	Brighton Mitre CC	37
	DAVID POLLARD	In-Gear RT	37
11	STUART DAVIS	Eastbourne Rovers CC	36
12	PETER BAKER	Lewes Wanderers CC	35
13 =	JON SHARPLES	Eastbourne Rovers CC	34
	TIM HOLMES	Brighton Mitre CC	34
	KEVIN BURTON	Eastbourne Rovers CC	34
16	RICHARD SUTTON	VC Etoile	29
17 =	PAUL BLACKMORE	East Grinstead CC	28
	JAY CHISNALL	Brighton Mitre CC	28
	STEVE HOLLAND	VC Bayeux	28

TEAM

1	EASTBOURNE ROVERS CYCLING CLUB	109
2	BRIGHTON MITRE CYCLING CLUB	51
3	EAST GRINSTEAD CYCLING CLUB	43
4	VELO CLUB BAYEUX	32
5	IN GEAR RACING TEAM	31
6	GROUP SPORTIV STELLA	27
7	VELO CLUB ETOILE	17
8	CRAWLEY WHEELERS CYCLING CLUB	14
9	LEWES WANDERERS CYCLING CLUB	13

E.S.C.A. PRESIDENT, MIKE HAYLER, ON MARSHALLING DUTY



"I SEE NO CYCLISTS"

